

CERTIFICATE

OF PARTICIPATION

This is to certify that

Elize Van Staden

Has successfully participated & completed the

15km Cape Prestige Trail Run #2

held at Ayama Slent Farm.

TIME 02:20:22

PACE 09:21/km

OVERALL 38 of 44

GENDER 16 of 19

40 - 49 8 of 9

12 October 2024, Sat

Date



BoutTime