

CERTIFICATE

OF PARTICIPATION

This is to certify that

Elizca Lourens

Has successfully participated & completed the

21.1km 22nd Vlakte Marathon

held at Heidelberg High School Sports Ground.

TIME 02:09:05

PACE 06:07/km

OVERALL 177 of 482

GENDER 86 of 277

SENIOR (20- 43 of 122

39)

23 November 2024, Sat

Date



Signature