

CERTIFICATE OF PARTICIPATION

This is to certify that

Elias Matlou

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:40:58

Mat-To-Mat Time 03:40:58

PACE 05:15/km

**GENDER 105 of
557**

OVERALL 136 of 983

**SENIOR (20- 51 of 189
39)**



Date

Signature

BoutTime