

CERTIFICATE

OF PARTICIPATION

This is to certify that

Dirk Marais

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:55:17

Mat-To-Mat Time 04:55:17

PACE 07:00/km

OVERALL 598 of 98

GENDER 351 of

557

40+ 115 of 185

22 November 2025, Sat

BoutTime