

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Dienkie Laas**

Has successfully participated & completed the

5km Cape Prestige Trail Run #3

held at Delheim Wine Estate.

**TIME** 00:53:40

**PACE** 10:43/km **OVERALL** 36 of 71

23 November 2024, Sat

Date

**GENDER** 15 of 41 **OPEN** 7 of 17



Bout Time

Signature