

CERTIFICATE OF PARTICIPATION

This is to certify that

Desmond Plaatjies

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:35:00

Mat-To-Mat Time 01:35:00

PACE 04:30/km

OVERALL 29 of 678

GENDER 25 of 294

50+ 3 of 52



22 November 2025, Sat

Date

Signature

