

CERTIFICATE

OF PARTICIPATION

This is to certify that

Deirdre Mcdonald



21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:58:13

Mat-To-Mat Time 02:58:13

PACE 08:28/km

OVERALL 534 of 678

GENDER 304 of

384

40+ 72 of 87

22 November 2025, Sat-

BoutTime