

# CERTIFICATE OF PARTICIPATION

This is to certify that

De Wet Lourens

Has successfully participated & completed the

**10km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 00:58:25**

**Mat-To-Mat Time 00:58:25**

**PACE 05:49/km**

**GENDER 63 of 243**

**OVERALL 89 of 628**

**SENIOR (20- 31 of 91  
39)**



22 November 2025, Sat

Date

Signature

*BoutTime*