

CERTIFICATE OF PARTICIPATION

This is to certify that

Damien Mcdonald

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:47:12

Mat-To-Mat Time 00:47:12

PACE 04:42/km

OVERALL 35 of 500

GENDER 27 of 220

40+ 6 of 38



19 December 2025, Fri

Date

Signature

