

CERTIFICATE OF PARTICIPATION

This is to certify that

Constant De Waal

Has successfully participated & completed the

14km Trail Run Spekbos Josty Trail Run Challenge 2025

held at Lategansvlei Soccer Stadium, Oudtshoorn.

OFFICIAL TIME 02:28:11

Mat-To-Mat Time 02:28:11

PACE 10:34/km

OVERALL 41 of 46

GENDER 15 of 18

50 - 59 3 of 3



22 November 2025, Sat

Date

Signature

