

CERTIFICATE OF PARTICIPATION

This is to certify that

**Conrad Van
Heerden**

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:07:04

Mat-To-Mat Time 02:07:04

PACE 06:03/km

**GENDER 136 of
294**

OVERALL 238 of 678

40+ 28 of 51



22 November 2025, Sat

Date

Signature



BoutTime