

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Cindy Ray Van  
Aswegen**

Has successfully participated & completed the

**10km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 01:21:37**

**Mat-To-Mat Time 01:21:37**

**PACE 08:09/km**

**GENDER 189 of  
385**

**OVERALL 335 of 628**

**40+ 35 of 73**



22 November 2025, Sat

Date

Signature



*BoutTime*