

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Cindy Baard**

Has successfully participated & completed the

**10km Fancourt 10km Run Walk**

held at The Ridge, George.

**OFFICIAL TIME 01:34:56**

**Mat-To-Mat Time 01:34:56**

**PACE 09:28/km**

**GENDER 206 of 280**

**OVERALL 376 of 500**

**40+ 44 of 61**



19 December 2025, Fri

Date

Signature



*BoutTime*