

CERTIFICATE OF PARTICIPATION

This is to certify that

Christo Van Zyl

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:11:24

Mat-To-Mat Time 01:11:24

PACE 07:07/km

GENDER 124 of 220

OVERALL 230 of 500

SENIOR (20- 54 of 82 39)



Date

Signature

BoutTime