

CERTIFICATE OF PARTICIPATION

This is to certify that

Christiaan Marais

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:38:16

Mat-To-Mat Time 04:38:16

PACE 06:36/km

**GENDER 275 of
557**

OVERALL 434 of 983

40+ 83 of 185



22 November 2025, Sat

Date

Signature

BoutTime