

CERTIFICATE OF PARTICIPATION

This is to certify that

Christiaan Blaauw

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:15:08

Mat-To-Mat Time 03:15:08

PACE 04:37/km

GENDER 47 of 557

OVERALL 55 of 983

**SENIOR (20- 28 of 189
39)**



22 November 2025, Sat

Date

Signature



BoutTime