

CERTIFICATE

OF PARTICIPATION

This is to certify that

Christa Crous

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:23:23

Mat-To-Mat Time 02:23:23

PACE 06:48/km

OVERALL 361 of 678

GENDER 181 of

384

60+ 13 of 38

22 November 2025, Sat

BoutTime