

CERTIFICATE OF PARTICIPATION

This is to certify that

Chris Herbst

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:23:23

Mat-To-Mat Time 01:23:23

PACE 08:19/km

GENDER 154 of 220

OVERALL 326 of 500

70+ 8 of 14



19 December 2025, Fri

Date

Signature



BoutTime