

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Chris Freemantle**

Has successfully participated & completed the

12km Trail Run Oak Valley Extreme

held at Oak Valley Estate, Grabouw.

**TIME** 01:17:43

**PACE** 06:27/km

**OVERALL** 5 of 38

15 September 2024, Sun

Date

**GENDER** 5 of 19

**OPEN** 3 of 11



BoutTime

Signature