

CERTIFICATE OF PARTICIPATION

This is to certify that

Cherise Carreira

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:46:04

Mat-To-Mat Time 00:46:04

PACE 04:36/km

GENDER 6 of 280

OVERALL 29 of 500

**SENIOR (20- 3 of 98
39)**



19 December 2025, Fri

Date

Signature



BoutTime