

CERTIFICATE OF PARTICIPATION

This is to certify that

Cherise Carreira

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:02:45

Mat-To-Mat Time 03:02:45

PACE 04:21/km

GENDER 4 of 426

OVERALL 29 of 983

**SENIOR (20- 4 of 154
39)**



22 November 2025, Sat

Date

Signature



BoutTime