

CERTIFICATE OF PARTICIPATION

This is to certify that

Charles Freedman

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:27:18

Mat-To-Mat Time 03:27:18

PACE 04:55/km

OVERALL 89 of 983

GENDER 75 of 557

40+ 23 of 185



22 November 2025, Sat

Date

Signature

