

CERTIFICATE OF PARTICIPATION

This is to certify that

Cecil-Jon Hardnick

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:43:41

Mat-To-Mat Time 00:43:41

PACE 04:21/km

GENDER 18 of 220

OVERALL 20 of 500

**SENIOR (20- 11 of 82
39)**



19 December 2025, Fri

Date

Signature



BoutTime