

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Cecil Uys**

Has successfully participated & completed the

**10km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 01:19:05**

**Mat-To-Mat Time 01:19:05**

**PACE 07:54/km**

**GENDER 142 of 243**

**OVERALL 316 of 628**

**60+ 12 of 24**



22 November 2025, Sat

Date

Signature



*BoutTime*