

CERTIFICATE OF PARTICIPATION

This is to certify that

Casper Mcdonald

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:46:37

Mat-To-Mat Time 00:46:37

PACE 04:39/km

GENDER 25 of 220

OVERALL 31 of 500

**SENIOR (20- 14 of 82
39)**



19 December 2025, Fri

Date

Signature

BoutTime