

CERTIFICATE

OF PARTICIPATION

This is to certify that

Caryn Bishop

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 05:18:13

Mat-To-Mat Time 05:18:13

PACE 07:33/km

OVERALL 699 of 98

GENDER 292 of

426

40+ 113 of 159

22 November 2025, Sat-

BoutTime