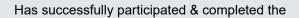


## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Caroline Sands



42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME** 04:52:52

**Mat-To-Mat Time** 04:52:52

**PACE** 06:57/km

**OVERALL** 571 of 98

**GENDER** 231 of

426

**60+** 10 of 17

22 November 2025, Sat

BoutTime