

CERTIFICATE OF PARTICIPATION

This is to certify that

Carol Groenewald

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:49:27

Mat-To-Mat Time 01:49:27

PACE 05:12/km

OVERALL 95 of 678

GENDER 25 of 384

50+ 3 of 56



22 November 2025, Sat

Date

Signature

