

CERTIFICATE OF PARTICIPATION

This is to certify that

Carmen Van As

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:58:32

Mat-To-Mat Time 02:58:32

PACE 08:30/km

GENDER 305 of 384

OVERALL 535 of 678

SENIOR (20-39) 141 of 188



Date

Signature

BoutTime