

CERTIFICATE OF PARTICIPATION

This is to certify that

Carmen Theunissen

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:28:17

Mat-To-Mat Time 04:28:17

PACE 06:22/km

**GENDER 132 of
426**

OVERALL 370 of 983

40+ 48 of 159



22 November 2025, Sat

Date

Signature



BoutTime