

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Carmen Kriel**

Has successfully participated & completed the

**21.1km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 02:12:45**

**Mat-To-Mat Time 02:12:45**

**PACE 06:18/km**

**GENDER 124 of  
384**

**OVERALL 276 of 678**

**SENIOR (20- 66 of 188  
39)**



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Date

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Signature

*BoutTime*