



CERTIFICATE

OF PARTICIPATION

This is to certify that

Carmen Adams

Has successfully participated & completed the

13km Black Hill Timbercity Red Hill Marathon

held at Fish Hoek Sports Field.

TIME 01:36:38

PACE 8.07km/h

OVERALL 229 of 623

25 January 2025, Sat

Date

GENDER 88 of 363

40+ 22 of 106



