

CERTIFICATE OF PARTICIPATION

This is to certify that

Carla Spangenberg

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:41:20

Mat-To-Mat Time 00:41:20

PACE 04:07/km

GENDER 2 of 280

OVERALL 15 of 500

**SENIOR (20- 2 of 98
39)**



19 December 2025, Fri

Date

Signature



BoutTime