

CERTIFICATE OF PARTICIPATION

This is to certify that

Carla Spangenberg

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:59:47

Mat-To-Mat Time 02:59:47

PACE 04:15/km

GENDER 2 of 426

OVERALL 25 of 983

**SENIOR (20- 2 of 154
39)**



22 November 2025, Sat

Date

Signature



BoutTime