

CERTIFICATE OF PARTICIPATION

This is to certify that

Carina Louw

Has successfully participated & completed the

42.2km 22nd Vlakte Marathon

held at Heidelberg High School Sports Ground.

TIME 04:48:10

PACE 06:51/km

GENDER 95 of 158

OVERALL 235 of 373

**SENIOR (20- 34 of 53
39)**

23 November 2024, Sat

Date



BoutTime

Signature

