

# CERTIFICATE

## OF PARTICIPATION

This is to certify that

**Carien Van  
Dewenter**

Has successfully participated & completed the

**21.1km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 02:12:19**

**Mat-To-Mat Time 02:12:19**

**PACE 06:18/km**

**GENDER 122 of  
384**

**OVERALL 273 of 678**

**40+ 33 of 87**



22 November 2025, Sat

Date

Signature



*BoutTime*