

CERTIFICATE

OF PARTICIPATION

This is to certify that

Cara Martins

Has successfully participated & completed the

5km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 00:35:10

Mat-To-Mat Time 00:44:09

PACE 07:01/km

OVERALL 13 of 80

GENDER 9 of 44

YOUTH 3 of 7



22 November 2025, Sat

Date

Signature