

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Bridgette Fredericks**

Has successfully participated & completed the

**21.1km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 02:44:36**

**Mat-To-Mat Time 02:44:36**

**PACE 07:49/km**

**GENDER 277 of 384**

**OVERALL 494 of 678**

**60+ 27 of 38**



22 November 2025, Sat

Date

Signature



*BoutTime*