

CERTIFICATE OF PARTICIPATION

This is to certify that

Bridget Poynton

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:08:22

Mat-To-Mat Time 01:08:22

PACE 06:49/km

GENDER 98 of 280

OVERALL 215 of 500

50+ 21 of 70



19 December 2025, Fri

Date

Signature

