

CERTIFICATE

OF PARTICIPATION

This is to certify that

Bongiwe Thwala

Has successfully participated & completed the

32km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 03:44:00

Mat-To-Mat Time 03:43:31

PACE 07:00/km

OVERALL 70 of 126

GENDER 19 of 48

SENIOR (20- 8 of 16

39)

22 November 2025, Sat

BoutTime