

CERTIFICATE

OF PARTICIPATION

This is to certify that

Bongani Mandindi

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:27:10

Mat-To-Mat Time 04:27:10

PACE 06:21/km

OVERALL 363 of 98

GENDER 238 of

557

50+ 48 of 130

22 November 2025, Sat-

Date

BoutTime