

CERTIFICATE

OF PARTICIPATION

This is to certify that

Bernice Adams

Has successfully participated & completed the

10km Cape Prestige Trail Run #3

held at Delheim Wine Estate.

TIME 02:04:00

PACE 12:24/km **OVERALL** 56 of 59

GENDER 29 of 32 **OPEN** 19 of 19

23 November 2024, Sat

Date



BowlTime

Signature