

# CERTIFICATE

## OF PARTICIPATION

This is to certify that

**Benita Van Der  
Westhuizen**

Has successfully participated & completed the

**42.2km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 04:47:35**

**Mat-To-Mat Time 04:47:35**

**PACE 06:49/km**

**GENDER 202 of  
426**

**OVERALL 523 of 983**

**50+ 38 of 95**



22 November 2025, Sat

Date

Signature



*BoutTime*