

CERTIFICATE OF PARTICIPATION

This is to certify that

Ben Van Greunen

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:55:53

Mat-To-Mat Time 01:55:53

PACE 05:30/km

OVERALL 123 of 678

GENDER 83 of 294

40+ 16 of 51

22 November 2025, Sat

Date



Signature

