

CERTIFICATE OF PARTICIPATION

This is to certify that

Ben Samwell

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:04:05

Mat-To-Mat Time 01:04:05

PACE 06:24/km

GENDER 99 of 220

OVERALL 161 of 500

50+ 14 of 40



19 December 2025, Fri

Date

Signature

