

CERTIFICATE OF PARTICIPATION

This is to certify that

Beanél Lourens

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:45:35

Mat-To-Mat Time 01:45:35

PACE 05:00/km

GENDER 18 of 384

OVERALL 73 of 678

**SENIOR (20- 11 of 188
39)**



22 November 2025, Sat

Date

Signature

BoutTime