

CERTIFICATE OF PARTICIPATION

This is to certify that

Barend Van Staden

Has successfully participated & completed the

10km SEEFF KMC NITE RACE

held at Knysna Marathon Clubhouse, Knysna.

OFFICIAL TIME 00:45:13

Mat-To-Mat Time 00:45:10

PACE 04:30/km

GENDER 24 of 145

OVERALL 26 of 256

**SENIOR (20- 13 of 51
39)**



16 December 2025, Tue

Date

Signature



BoutTime