

CERTIFICATE OF PARTICIPATION

This is to certify that

Ashwell Naude

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:14:23

Mat-To-Mat Time 02:14:23

PACE 06:22/km

GENDER 159 of
294

OVERALL 290 of 678 **SENIOR (20-39)** 71 of 122



Date

Signature

BoutTime