

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Arno Heyns**

Has successfully participated & completed the

**21.1km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 01:42:02**

**Mat-To-Mat Time 01:42:02**

**PACE 04:51/km**

**GENDER 48 of 294**

**OVERALL 58 of 678**



**JUNIOR (15- 5 of 17  
19)**

22 November 2025, Sat

Date

Signature



*BoutTime*