

CERTIFICATE

OF PARTICIPATION

This is to certify that

Antoinette Van Niekerk

Has successfully participated & completed the

10km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:33:40

Mat-To-Mat Time 01:33:40

PACE 09:21/km

OVERALL 445 of 628

GENDER 267 of

385

50+ 43 of 72

22 November 2025, Sat

BoutTime